If Members of Congress pay attention to the facts, they will see a clear path to dramatically reduce Pentagon spending without undermining America's position of being the most powerful Nation on the planet.

Nobody has done a better job of highlighting a path forward, an area of opportunity, than Walter Pincus, writing in the pages of The Washington Post over the course of the last couple of years as he details the sweep of our nuclear weapons program and the spending trajectory. This morning is his latest offering and should be required reading for every Member of Congress, and the ones who whine the loudest should be forced to read it twice. He details the vast array of nuclear weapons that are ready to be deployed within 30 minutes, a relic of our contending with the former Soviet Union, where deterrence was the order of the day and when we were relying on massive assured mutual destruction of that huge country with overwhelming force.

Now, not even the most delusional think we need a fraction of that fire-power for today's threats, like North Korea, and it certainly wouldn't work against a nuclear weapon falling in the arms of some radical extremist. That, by the way, is most likely to happen with Pakistan's proven nuclear capability than Iran's, which is still being developed.

The cost of this overwhelming force, including its three delivery systems, ought to give people pause. Consider the 14 Ohio class submarines, each with 24 ICBMs and each missile armed with five warheads, each three times the explosive power of the bombs dropped on Japan. We've got 118 B-52 strategic bombers and, of course, all of the landbased missiles where people are in the silos, ready to launch at a moment's notice. It is, by any stretch of the imagination, extravagance that borders on lunacy.

The \$80 billion the White House was forced to promise for the upgrades on the nuclear weapons complex and the at least \$100 billion to replace the strategic delivery systems that were extracted in return for votes to pass the START treaty are obvious places to begin retrenchment. There are tens, if not hundreds, of billions of dollars to be saved over the next 10 years by refocusing our defense posture for the threats of today and the likely ones of tomorrow. Let's start cutting this massive Cold War deterrence based on the threat of nuclear weapons we've never been able to use, don't want to use, shouldn't use, and can't afford.

I invite my colleagues, especially those on the other side of the aisle, to join us in getting real and getting specific. There is a clear path forward that should command the support of Republicans and Democrats alike to achieve fiscal stability. Let's rein in outrageous crop insurance abuses. Don't fight health care reform—accelerate it. The work we're doing in Oregon, if applied nationally, could save up to \$1.5

trillion over the next 10 years. Pay for the privilege of taking America's mineral wealth by reforming the Mining Act of 1872, and slash the fossilized nuclear weapons program.

## SOBER TRUTH ON PREVENTING UNDERAGE DRINKING ACT

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from California (Ms. ROYBAL-ALLARD) for 5 minutes.

Ms. ROYBAL-ALLARD. Mr. Speaker, last week, I introduced H.R. 498, to reauthorize the Sober Truth on Preventing Underage Drinking Act, better known as the STOP Act.

The original STOP Act passed with bipartisan support in 2006. It was based on the recommendations of the 2003 Institute of Medicine report, which outlined the extent of the underage drinking problem in the United States. At that time, 20 percent of eighth graders, 42 percent of 10th graders, and 58 percent of 12th graders reported being drunk in their lifetimes.

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Designed to address this public health crisis, the STOP Act established an interagency committee to coordinate Federal efforts to reduce and ultimately prevent underage drinking.

The law financed public health research on underage drinking, and it authorized a national media campaign to educate parents about the dangers of consuming alcohol before the age of 21.

The STOP Act also provided grants to communities throughout the country to enhance their underage drinking prevention efforts. As a result of this comprehensive approach, we have seen positive results in both national statistics and in communities across America.

According to the 2012 Monitoring the Future survey, the lifetime use of alcohol by 8th-, 10th-, and 12th-graders is at the lowest level in years. Unfortunately, there is more that needs to be done.

Despite the progress we have made, alcohol continues to be the number one drug of choice among youth, and the consequences are devastating.

In addition to costing society over \$62 billion a year, underage drinking by youths 15–20 years of age is a major cause of homicide, suicide, and motor vehicle accidents. And it results in the deaths of approximately 5,000 youths every year. Adding to this tragedy is the fact that all of these consequences are preventable. This makes reauthorization of the STOP Act even more necessary.

H.R. 498 continues the successful programs of the original STOP Act and adds a grant program to train pediatric health care providers on the best practices for screening and treating substance abuse among youth.

Mr. Speaker, the reauthorization of the STOP Act is an important bipartisan effort to help prevent the needless suffering and costs associated with underage drinking. I urge my colleagues to join me and my original cosponsors, Congressman Frank Wolf and Congresswoman Rosa Delauro, by cosponsoring the STOP reauthorization bill, H.R. 498, so we can continue to move forward in our efforts to address this public health crisis affecting our children.

## DOING NOTHING IS NOT AN OPTION

The SPEAKER pro tempore. The Chair recognizes the gentleman from Washington (Mr. KILMER) for 5 minutes.

Mr. KILMER. Mr. Speaker, I rise today with sincere appreciation for the opportunity I have to represent my region in our Nation's Capital. Throughout the past year, whether it was in Gray's Harbor or Port Angeles, Bremerton, or Tacoma, what I heard from folks around my region is they want solutions to our problems. People want to get back to work. They want to start new businesses. They want to explore new frontiers of science and technology. They want to help build our Nation's bridges and roads. They want to refurbish our schools and buildings. I'm passionate about these issues, and I'm committed to working with my colleagues from both sides of the aisles to find new ways to move this economy forward

Over the past 6 weeks, I've had the opportunity to meet with constituents to talk about their top concerns. And whether it's back in Washington State, or visits with folks who've traveled 3,000 miles to our Nation's capital, the number one thing that I hear about is the reckless and devastating impact that impending across-the-board cuts would have on our families and on our communities.

I've heard from educators and administrators that they face dramatic cuts that would lead to ballooning class sizes and significant cuts to financial aid.

I've heard from parents who are afraid for their kids who have autism, fearful that their kids won't be able to get the services that they rely on.

I've heard from tribal leaders who say that these cuts will scale back community policing on our reservations and jeopardize patient access to the Indian Health Service.

And as someone who has spent the last decade working in economic development, I've heard from small business owners who say that all of this uncertainty is making them hesitant to hire new workers and expand their production lines. Virtually every meeting that I have had has detailed how reckless and wrong-headed these acrossthe-board cuts would be.

Yesterday, testifying before the House Armed Services Committee, Deputy Secretary of Defense Ashton Carter pointed out that these cuts aren't happening because we've